

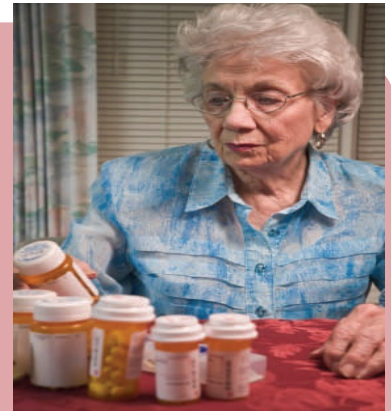
BE PREPARED...

Special Considerations for Medications and Medical Supplies



Should disaster strike, it's important to have enough supplies to last for at least three days, including medications and medical supplies. The following can help you prepare...

- Have an adequate supply of medications and prescriptions
- Make a plan for medications that require refrigeration
- Know the location of more than one facility if you require dialysis or other life-sustaining equipment or treatment
- Have extra eyeglasses, hearing aid batteries, wheelchair batteries, oxygen, catheters, or anything else you need
- Wear medical alert tags or bracelets to identify your disability, allergies, or current medications
- If you have a service animal, make sure you have extra food, water, and anything else it may need
- Label any equipment (wheelchairs, walkers, etc.) that you will need



Speak with your health care provider about what to do in case of emergencies, especially if you are unable to keep extra supplies and medications with you.

Important Papers and Documents

Along with your supplies, make sure you have these important papers somewhere easily accessible:

- List of medications and dosages
- List of allergies
- List of all medical equipment and devices (pacemaker, hearing aids, etc.) including type and model number
- List of doctors, relatives and friends who should be notified if you are injured
- Medical insurance and Medicare cards



**For more information contact
City-County Health Department
Public Health Emergency Preparedness at
452-0881 ext. 310 or visit www.cchdmt.org**