

Breast Cancer Screening

Who Should Be Screened for Breast Cancer?

Beginning in their 20s, all women should have some form of screening for breast cancer.

What Screening Tests are Available?

Mammograms are the most common type of screening test. Whether or not, and how often, you have a mammogram depends largely upon your age and your doctor's recommendations. General recommendations are:

- For women under the age of 50: discuss every other year screening mammography with your doctor
- For women ages 50-74: screening mammography every other year

All women should know how their breasts normally look and feel and report any breast changes to their doctor promptly. A small percentage of breast cancers are not detected by mammography—any lump requires further evaluation.

Some women, because of their family history, genetic tendency or certain other factors, may be screened with MRI in addition to mammograms.

Did You Know?

The risk of developing breast cancer has risen from 1 in 20 in 1940 to 1 in 8 today.



For more information, call City-County Health Department at 791-9272 or 452-0881 x308 or visit www.cchdmt.org