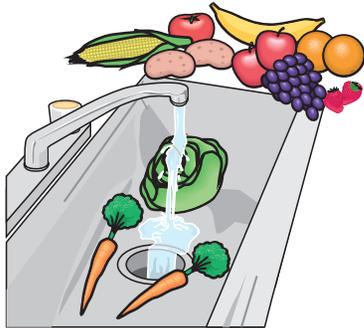
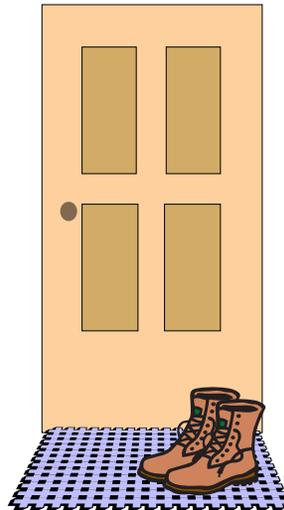


# Ways to protect your health

By keeping dirt from getting into your house and into your body



Wash and peel all fruits, vegetables, and root crops



Wipe shoes on doormat or remove shoes



Don't eat food, chew gum, or smoke when working in the yard



Damp mop floors and damp dust counters and furniture regularly



Wash dogs regularly



Wash children's toys regularly



Wash children's hands and feet after they have been playing outside