

# Cascade County Mental Health Local Advisory Council Minutes



**Monday, June 7, 2021**  
**915 1<sup>st</sup> Ave South, Conference Room**  
**or**  
**Zoom Virtual meeting**  
**1:30-3:00pm**

Return to: L Daggett 415 6<sup>th</sup> Ave S Great Falls MT 50405

**Members Present:** Jennifer Whitfield, Susie McIntyre, Shawn Matsko, Tom Osborn, Greg Tilton, Commissioner Don Ryan, Ginny Carnes

**Guests Present:** Dusti Zimmer- Alluvion

**Call to Order:** Jennifer Whitfield, Chair, convened the meeting at 1:34 PM.

**Presentation of Person-Centered Plan (PCP) from DPHHS TA-NCAPSS Grant:** Tom Osborn of North Central Independent Living presented:

- Tom shared the work the NCILS has been participating in regarding person-centered plans
- All those who have case management service are required to participate
- Seeing an increase in MT State Hospital referrals
- Within the MT Medicaid State Plan have to be within one of four waivers: SDMI waiver, DD waiver, Senior Long Term\* waiver or Community 1<sup>st</sup> Choice waiver (\* denotes the one that NCILS is currently participating in this grant with)
- Tom provided a history of the definition for PCP and the reporting standards that correspond
- He addressed the performance measures associated with fidelity to the model to know the “how do we know is we are providing PCP? How does the definition take us to individualizing each plan for client self-determination?”
- There is a facilitator for support in this process for identifying risk factors and strength-based focus
- Tom described how locally we have adopted the national definition and gave specifics to the 2<sup>nd</sup> person references and the 3 individual paragraphs that support the in-depth nature of the work
- The grant is sunsetting
- Overall looking for meaningful feedback around the definition and PCP as a whole from key stakeholders

**Approval of the Minutes from May 2021:** The May 3<sup>rd</sup> meeting minutes were approved with no changes.

**Finance Report from May 2021:** Jennifer reported there are no expenditures or deposits after the last report and the balance is \$7,251.67. The report was accepted as presented.

**New Business:** None

**Continued Business:**

**Strategic Plan:** Jennifer reported that we have now in print 44,500 of the updated Community Resource Guide. She and Ginny as the subcommittee will work on distribution. Jennifer reminded the LAC the printing was supported by the Cascade County Tribal Matching Grant the Center utilized on behalf of the County during COVID funding.

**Website/Facebook-** no updates as Amanda not able to attend the meeting.

**Representative Report:**

**Crisis Intervention Charter Project:** Dusti Zimmer reported for Trista Besich who was unable to attend:

- Quarterly data report will be coming in July for April, May, and June
- First stakeholders meeting held for those who had signed on already
- By-laws are being creating
- Chief Jeremy Jones, Trista Besich and Theresa Schreiner have received suggestions for more definitions, guidelines for structure and possible changes from the original proposal to increase strategic objectives for the project
- 17 current stakeholders, working on varying levels of participation
- Thinking the governing board may only be 7-10 members for best balance

Suicide Prevention Committee- Greg Tilton reported that the group has only been meeting virtually. Not much forward movement as of current; however, building a plan in the coming months.

CSAA Report- Greg reported that he attends the Tuesday morning meeting and Matt Furlong chairs. They are working on expanding the LACs and working on feedback to AMDD. Greg shared the CSAA's four goals:

- Mental Health First Aid Training plan in 11 Counties. Working with Kayla Sanders from the Office of Rural Health through the AHEC Grant to deliver Train the Trainer trainings. Planning with WSAA and ESAA.
- Discuss a mini grant opportunity for an event in each county. How to utilize mini grants to get people informed, excited, and participating
- Discuss CSAA membership. Increasing board participation and getting more support for the work of the CSAA. Making sure LAC representatives from each county are engaging in transfer of information. CSAA – how do we increase membership, and support the roles of the Executive Board?
- Discuss our talking points on; What is AMDD? What is an LAC? What is an SAA? How does this apply to our County? Having CSAA members participate in LAC board meetings to give a presentation on the terms, and the value they give to the conduit. Creating connections with a real face to face contact. Talking points being worked on in our Monday morning meetings with ESAA.

BHAC Report/MT Peer Network Report- Ginny Carnes reported:

- MT Network Recovery Conference will be held in August in-person
- Technical Business Meeting held – nothing new to report
- No update on next Recovery Class

Health Lives/Vibrant Futures- Susie McIntyre had not updates as not able to attend May meeting. Plans to attend in June and will give update in July.

### **Community Reports/Announcements from Board Members:**

MT Peer Network: Ginny reported the Montana Legislature passed a Peer Support bill was passed this session to allow 1 Peer Support member on the Board of Behavioral Health and that she was present for the Governor's signing of the bill.

Vocational Rehab: Greg shared that he attended a meeting regarding jobs for people, engaging all work levels and a supportive structure for those with mental health challenges. Good meeting, lots of positive things happening in our community.

Public Library: Susie reported the broadband access the library does have to support those needing to access internet connections. She also mentioned the Crime Task Force has started and gave emphasis to mental health issues/crimes. Thinking that the LAC may want to share ourselves as a resource for distribution of information and also to provide information to the group regarding services like: MRT, Mental Health Court, etc....

North Central Independent Living Services- (NCILS)- Tom reported:

- CARES Act monies have been utilized well for emergency housing/assistance. Expended almost all of it in a 3-4-month time span for stabilization of their clients.
- MT TV Network ad will be imminently released with a phone number for local supports as well as MT Council on Disabilities.
- NCILS offices are looking to open in-person in early July.

Alluvion: Dusti reported no major items to report.

Center for Mental Health: Jennifer reported no major changes in Cascade County. Did open a new 12 bed behavioral health group home in Helena.

**Public Comment** None

**Adjourn** Meeting adjourned by Jennifer Whitfield at 2:35 PM. Next meeting July 12<sup>th</sup>, 2021 @ 1:30-3:00PM in person at Center for Mental Health or via Zoom.

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Jennifer Whitfield, Chair

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Date