Cascade County Mental Health Local Advisory Council

Minutes

Monday, May 2, 2022
Zoom Virtual meeting

https://us06web.zoom.us/j/86265196743?pwd=Z3dyRU9qY29ZeG5jWXZZNDV4V09jZz09

1:30-3:00pm

Return to L. Daggett 415 6th Ave S. Great Falls, 59405

Attendance

Members Present  Jennifer Whitfield, Ginny Carnes, Shawn Matsko, Susie McIntyre, Commissioner Don Ryan, Tom Osborn, Randy Lynes, Dusti Zimmer, and Greg Tilton

Guests  Crystal Laufer (CSAA/NAMI Havre) and Allyssa Peak (MSU Extension Office)

Public Comment  Jennifer Whitfield, Chair, called for public comment and there was none.

Minutes from April 2022  Minutes of the April meeting were approved as emailed and presented.

Finance Report from April 2022  $10,451.67 remains the same as last report.

Guests

Crystal Laufer shared that she is the current vice president of the CSAA and current interim acting president until the CSAA Congress later this year. She is reaching out to all the LAC’s in the CSAA’s catchment area to ensure access to CSAA reporting and resources. She will send the toolkit to Jennifer for distribution.

Allyssa Peak shared that she is with the MSU Extension Office as a 4-H/Youth Development Agent. Allyssa shared that most funding is for rural areas of our county and not the urban area of Great Falls. She has trained in a Swedish training called Youth Awareness of Mental Health (YAMH). Currently only Texas, Montana and Idaho have adopted the curriculum. It focuses in on 8th and 9th graders. Allyssa recently met with Captain VanDyken of the CCSO and Ginny Carnes of the CCMHLAC to connect Extension Office resources to our more rural towns in the Cascade County. It was through this discussion that Allyssa was connected with Deputy Baker who is the current SRO in many of the rural schools as well as rural Senior Centers. The current plan is to move forward with Allyssa and Deputy Baker increasing mental health awareness and training. Jennifer and Ginny both remarked on how this connection through the LAC has bridged resources to need and meets the strategic goal of the LAC. Follow-up questions were answered.

It was noted that George Nikolakakos was not on the call and will be invited again to the next meeting in June. George is running for a legislative office.

New Business

Other: None.

Continued Business

• The community outreach project with NCILS, the Public Library, Alluvion and the Center is progressing. The Center has provided their proposal, Tom stated waiting on Alluvion’s, but the
largest challenge was finding a time to meet again. Later in the meeting, discussed 12-1pm this Friday, May 6th, at Alluvion's 601 building location.

- Community Events workgroup members was expanded to include Ginny, Greg, and Randy. Development of maybe a calendar or catalog (even an electronic catalog).

Website/Facebook: no updates.

**Representative Reports**

**North Central MT – Crisis Intervention Collaborative (NCMT-CIC)  Dusti reported:**

**Mobile Response Team –**
- Team has expanded and changed personnel.
- Voices of Hope conversion to 988 in mid-July and the workflow impact with MRT.
- Now MRT is a dispatchable unit, 2nd in the state.
- Adding a stabilization/triage specialist (master's level intern).
- Utilization of peer supporters through Alliance for Youth.
- Data report will be forthcoming through JG Research and a dashboard is being created.
- Susie asked about HMIS intake for the unhoused being collected and Dusti said those are handled through the care coordinators.
- PATH Grant received to additionally add as follow-up: case manager, housing specialist and intervention specialist
- Susie also asked about MRT follow-up from an overdose at the library, Dusti will check into it as was not a MRT specific call. Susie noted that the City has denied that Narcan be available at the library

**MH Court** – no updates.

**Suicide Prevention Committee**  Greg reported:
- Recent suicide prevention training hosted at Benefis with Karl Rosston had great turn out.
- Through the Veteran's Administration working on a clergy training program that follows the 4 pillars of suicidality and protective measures. Not specific to one religion/denomination.

**CSAA Report**  Greg reported:
- No current minutes.
- Recruitment of more LAC participation.
- Utilization of NAMI, Joining Community Forces and County Extension Programs to improve outreach and programming

**MT Peer Network:**  Ginny reported:
- Annual Strategic Planning occurred this past weekend
- Will start to see Divisions: Family, Peer, Training, Youth (Greg inquired and no Elderly Division as of yet)
- Peer Network is growing and expanding in very positive ways
- One peer supporter: Leah is working on tribal relations, classes for tribal colleges and has been invited to be on the Governor's panel.

**BHAC Report**  Jennifer: The minutes of the Behavioral Health Advisory Council were emailed ahead of time, and she reviewed highlights. The work groups are preparing presentations for the upcoming legislative session.

**Healthy Lives/Vibrant Futures**  Susie reported no meeting, next session is May 11th.
NAMI (National Alliance on Mental Illness)  Randy reported.
Awareness Walk in Great Falls is on May 14th, starting at 1030am and will go from The Electric City Water Park to the Federal Court House. There has been some TV advertising. He asked about the LAC website and Susie stated she could assist.

Community Reports/Announcements from Board Members

Alluvion - Dusti: Inmate Medical Services are soon terminating at the County Jail. Behavioral Health Services will remain. She clarified the MRT's role in assessment at entry and coordination at discharge.

Library - Susie: The library is working on their master plan process and has invited community feedback. A survey for feedback is up on their website and looking for interest in focus groups so that the library can be a safe haven and grow into the future.

Adjourn The meeting was adjourned by Susie at 2:49pm. Next meeting June 6th, 2022 @ 1:30-3:00PM via Zoom.

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Jennifer Whitfield, Chair                     Date: