

# A Myriad of Services are offered by CCAS

- ☀ Aging & Disability Resource Center
- ☀ Caregiver Support Group
- ☀ Commodity Supplemental Food Program
- ☀ Congregate Meals
- ☀ Foster Grandparents Program
- ☀ Home Attendants
- ☀ Meals on Wheels
- ☀ Medicare Billing Reviews
- ☀ Medicare Counseling
- ☀ Ombudsman
- ☀ Respite Care
- ☀ Retired Senior Volunteer Program
- ☀ Senior Centers
- ☀ Senior Companion Program
- ☀ Transportation
- ☀ Volunteer Services

## 454-6990

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## Cascade County Aging Services

“the” Area VIII Agency on Aging



Commitment  
to “OUR”  
Community

Aging Services  
that are right  
for you and your  
loved one!



# Find quality within all of our services...

## Senior Nutrition Programs

**Meals on Wheels** are offered in Great Falls through the Senior Nutrition Kitchen. The dedicated staff prepares over 100,000 meals a year for the qualifying clients. Seniors age 60 and older automatically qualify for meals while disabled clients above 18 years of age are considered through doctor and social service recommendations. Meals on Wheels are also served in Belt, Cascade, Centerville and Neihart via their volunteers and congregate meals programs at these locations.

**Congregate Meals** are served on site at the six Senior Centers in Cascade County. Each Senior Center specifies 2 – 4 days per week for a meal where clients can socialize as well as have a nutritious meal. Both programs operate on donation basis of \$4.00 per meal.

## Community Services

**Caregiver Support Group** meets once a month at the CCAS Offices and provides assistance and guidance from peers on how deal with being a caregiver.

**Aging & Disability Resource Center** encompasses the Medicare Billing Reviews through the Senior Medicare Patrol Program (SMP) and Medicare Counseling, in particular enrollment in Prescription Drug Plans (Part D) via the State Health Insurance Program (SHIP) along with the Commodities Food program for low income seniors. As a Resource Center, community options are explored and established for our clients by accessing a network of resources and community partners from the Information & Assistance (I&A) program.

**Home Attendants** are not only trained to provide Respite Care but they also do light housekeeping and shopping either with or for the Senior Clients. The staff will assist with grocery shopping, laundry, dusting, vacuuming and other household chores. Operation is on a donation basis of \$5-15 per hour.

**Ombudsman** is a Norwegian Term meaning Voice of the People. The Local Ombudsman meets with clients to discuss privately their concerns of care and how facilities are being operated. Cases can involve finding some slippers to claims of elder abuse. We are there to help the client.

## Senior Volunteer Services

**Foster Grandparents Program** offers seniors 55 and older an opportunity work with children in schools while allowing the teachers to concentrate their attention to those in danger of falling behind in school. Emphasis is on academics, but the socialization afforded the kids is tremendous for all involved.

**Retired Senior Volunteer Program (RSVP)** helps seniors stay active and support their community through volunteer activities. The RSVP staff assists in matching volunteers to a myriad of work sites in and around Cascade County.

**Senior Companion Program** is an outlet for more active Seniors who are willing to take some time out of their day to assist, socialize and be a “companion” to another senior member of Cascade County.

**Volunteer Services** is a new program in which volunteers of any age can come to CCAS and seek out ways to volunteer their services. They can volunteer with Aging Programs & Events or we will help match them up to another organization that is a good fit for them.

## Transportation

Cascade County Aging Services offers Door-to-Door service for aging and disabled clients in and around the Great Falls area. All riders must be ambulatory and able to get in and out of the vehicle with minimal assistance. Rides are arranged by calling at a minimum, 24 hours in advance to schedule the pick-up time. Return trips are made as quickly as possible but priority is getting people to appointments first. Medical Transportation is top priority over miscellaneous and shopping trips.

## Senior Centers

Aging Services receives federal and state funds to help Senior Centers promote health programs, socialization, education and outreach to their members and the community. Working in partnership to assist our aging citizens.